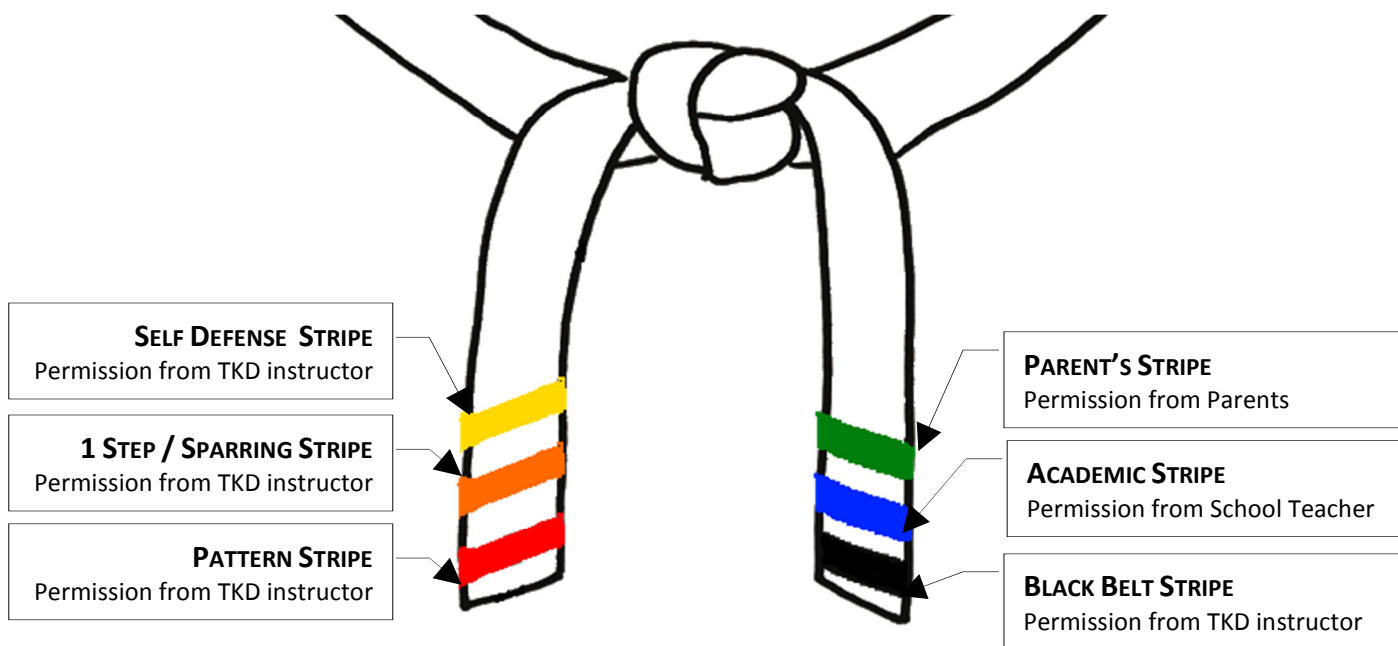


# Belt Stripe System

(for students up to and including 8<sup>th</sup> Grade)



## How Do I Earn My Stripes?

### TECHNIQUE

#### YELLOW

Student must master and perform properly, the self-defense techniques for his/her current belt level (must show continued improvement and skill development)

#### ORANGE

Student must master and perform with proper technique, the 1-steps for his/her current belt level (as well as maintain proficiency with all previous 1-steps)

#### RED

Student must master and perform with proper technique the form pattern for his/her current belt level (as well as maintain proficiency with all previous form patterns)

### MERIT

#### GREEN

Student must demonstrate consistent respectful, responsible and positive attitude at home. Students will be given a letter issued from Oneonta Taekwon-Do to be **signed by their parent(s)** acknowledging their **positive contribution at home**

#### BLUE

Student must consistently show his/her teacher at school **great effort, positive attitude, respect for self and others, discipline and continued academic progress**. Students will be given a letter issued from Oneonta Taekwon-Do to be signed by their school teacher acknowledging their consistent performance at school.

#### BLACK

Student must consistently show the instructor **great effort, positive attitude, discipline, and respect for self and others**. This represents **BLACK-BELT ATTITUDE**

**STUDENTS MUST EARN ALL STRIPES BEFORE TESTING FOR THEIR NEXT BELT**



203 Main St.  
Oneonta, NY 13820

Improvement of  
Mind and Body

Oneonta Taekwon-Do

(607) 431-8810

<http://OneontaTKD.com>

Ethical Self-Conduct

Unity Among Members

